# Physical Education Development Plan Summary: Hatton Hill Primary School



## Overview

Detail	Information
Academic year that this summary covers	2023-2024
Date this summary was published	August 2024
Date this summary will be reviewed	August 2025
Name of the school lead	Kayleigh Cunningham Lauren Furlong

This is a summary of how our school delivers physical education to all our pupils across three areas – curriculum physical education (PE), extra-curricular provision and physical educational experiences – and what changes we are planning in future years. This information is to help pupils and parents or carers understand what our school offers and who we work with to support our pupils' PE education.

# Part A: Curriculum Physical Education

This is about what we teach in lesson time, how much time is spent teaching PE and any pe qualifications or awards that pupils can achieve.

To read more about the provision of physical education at Hatton Hill Primary School, please visit our curriculum pe page at: <u>https://www.hattonhill.co.uk/page/pe/111817</u>

- Physical education (PE) is part of every child's entitlement to a good education. At Hatton Hill, it is taught practically both indoors and outdoors twice weekly, with the introduction of swimming lessons in year 4.
- A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. At Hatton Hill, we want to provide opportunities for pupils to become physically confident in a way which supports their health and fitness now and in the future. For children to understand the importance of fitness and daily movement. Children are encouraged to develop skills, build stamina and in turn understand the movement of the body. Opportunities are provided to compete in sport and other activities, building character and helping to embed values such as fairness and respect.
- Children have the opportunity to participate in a variety of sports including: track, athletics and invasion games such as basketball, netball and hockey.

- Circuit training is taught from early years and for children it is hugely beneficial to the development of their gross motor skills. It also creates some competitive spirit between children, as well as strengthening friendships and bonding them as a class.
- Across the school, we teach yoga and dance to develop understanding of the body whilst supporting mental and emotional health and well-being.
- The teaching of gymnastics develops children's physical, mental, and social wellbeing. It not only enhances strength, flexibility, and coordination but also promotes discipline, confidence, and teamwork skills.

### Part B: Extra-Curricular Physical Education

This is about opportunities for pupils to develop their love of the subject PE, outside of lesson time, including afterschool and lunchtime clubs and how pupils can make progress in PE beyond the core curriculum.

- At Hatton Hill Primary School, we offer multisport afterschool sessions teaching a number of different games and sports. In addition, we have a mixed age and gender football team, who compete in the Sefton League.
  - During lunchtimes, each junior year group is given an opportunity to take part in a sports lunchtime club to enhance and celebrate their love of sport and games.
  - Every year, we host an intra-school Sports Day, which is fully inclusive and enables all children to take part at their level. This day encourages the children to not only compete for themselves, but their peers across the whole of the infants/juniors.
  - Working alongside FA and UEFA trained coaches from Jamie Carragher's Soccer School and Community Sports.
  - Children are encouraged to walk or run around the 'K a Day' track daily to promote affordable physical fitness.
  - Three times a week, Year 6 children lead dance sessions on the playground during lunchtime to encourage movement and for enjoyment.
  - Children are encouraged to be active during breaks and lunchtimes using markings on the playground; exploring our vast field and woodland areas, and playing on the football pitch and MUGA area.

### **Part C: Physical Education Experiences**

This is about all the other PE events and opportunities that we organise, such as wider experience and visits.

- Children have had the opportunity to take part in Bikeability in year 5, where they can learn vital life skills such as independence, social skills and are taught to better respond to risk with increased confidence.
- As past of our outdoor and adventure programme children in year 5 visit Mere Sands Nature Reserve where they explore the natural land through a walking tour, habitats and take part in bushfire lighting and shelter building.
- In year 6, the pupils visit Malham Cove and Ingleton Falls as part of their residential. They discover the hills, the natural waterfalls and streams by walking and hiking through the countryside. This encourages general fitness in a way which is both affordable and accessible to all.
- During the summer, the whole school take part in the intra-school Sports Day, where they compete in their coloured teams across a variety of athletic and field events. This day is fully inclusive for all children to take part at their level and ability with confidence and enjoyment.

#### In the future

This is about what the school is planning for subsequent years:

In future years, our Physical Education Development Plan aims to achieve the following:

- continue to develop pupils love for sport and being active.
- continue to promote the benefits of physical activity on mental and emotional health.
- continue to encourage the pupils to see physical activity as part of their lifestyle rather than an isolated lesson.
- continue to expose pupils to team sports and good physical fitness.
- incorporate more physical activity-based trips across the key stages.
- access more CPD opportunities for staff to develop their confidence and knowledge.
- Family Passport parents encouraged to travel to different places around the world in their family passport after school by completing circuits of the school's track.