

# PE Policy Updated 2014

All Staff should be aware of the document of **SAFE PRACTICE** in Physical Education and School Support, written by the Association for Physical Education (Updated 2012). This can be accessed via the PE co-ordinator and covers all aspects of current safe practice in physical education.

"Physical education (PE) is part of every child's entitlement to a good education. It is unique in that it is taught through physical activity in weekly practical lessons both indoors and outdoors, in a wide range of physical, creative and aesthetic settings. It provides pupils with the generic skills, knowledge and understanding they need to become physically literate, and at the same time gives most of them their first regular experiences of sport. When taught well, physical education enthuses and inspires pupils to participate fully and develop a life-long love of physical activity, sport and exercise". **Beyond 2012 – outstanding physical education for all.**

## Aims

**The national curriculum for physical education aims to ensure that all pupils:**

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

**Taken from: Physical education programmes of study: key stages 1 and 2  
National curriculum in England**

## HATTON HILL ADDITIONAL AIMS

### Key Aim - Consistency, continuity and progression

- To enable all children to be **involved** in physical activity, be encouraged to **enjoy** physical education and **appreciate fair play**.
- To develop **motor skills, healthy lifestyles, aesthetic awareness, build self confidence, co-operation, valuing others contributions**
- To enable pupils to **achieve their full potential** and **skill build**.
- To **support and enhance the school's policies** whenever possible (for example combining the creative curriculum with the development of skills in physical education. The subject action plan will be constructed to support these aims.

**The objectives of teaching PE in our school are:**

- to enable all children to develop and explore physical skills with increasing control and co-ordination, at their own level
- to encourage all children to work and play with others in a range of group situations
- to develop the way that all children perform skills, and apply rules and conventions, for different activities
- to show all children how to improve the quality and control of their performance
- to teach all children to recognise and describe how their bodies feel during exercise
- to develop all children's enjoyment of physical activity through creativity and imagination
- to develop an understanding in all children of how to succeed in a range of physical activities, and how to evaluate their own success and advise others on how to improve, offering constructive critique.

**CURRICULUM ENTITLEMENT and ORGANISATION**

All children should experience the six areas of physical activity from Reception to Year 6 / games / gymnastics / dance / swimming / athletics / outdoor and adventurous activities.

All children have 2 hours of physical education per week along with swimming opportunity in Y5-Y2.

**Attainment targets**

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.

Assessment is on-going and undertaken by both teachers and children. Recognising the importance of children's independence, all children should be taught to evaluate and improve their own work and that of others. They should also be encouraged to devise their own games that enable the development of skills and problem solving. Photographic evidence could be valuable.

**TEACHING and LEARNING STRATEGIES**

Teaching and Learning styles adopted should enable children to develop their knowledge, skills and understanding. They should work individually, in pairs and in groups. They should experience problem solving, take responsibility and engage in competitive and co-operative, contact and non contact activities. Teaching should always ensure equality of opportunity and differentiation through task and/or outcome.

Teachers should draw attention to good examples of individual performances as models for other children. Teachers should be aware of the health and safety policies and documents available in the school. **Safe Practice in Physical Education is in school and can be obtained from the PE co-ordinator.**

## **MONITORING and EVALUATING**

The PE policies, practices and documentation related to physical education are reviewed annually and inform the Subject's Development Plan which is linked to the School's Improvement Plan

## **RESOURCING**

Teachers should check equipment and report any fault to the PE Co-ordinator who will endeavour to repair, maintenance and/or replace equipment. Any equipment found to be damaged should NOT be included in a lesson/ All equipment will be checked annually by appropriate contractors.

All equipment should be appropriate for the curriculum of the school and be manageable for all pupils in the school to lift, carry and place safely.

Cages purchased for KS1 and KS2 contain equipment and resources for the teaching of PE and are to be accessed only by staff for the teaching of PE.

In KS2 it is agreed amongst staff that they will be responsible for getting equipment from the blue container, during lunch time or at the beginning of a lesson. No children are to enter the blue container for any equipment. Any difficulties in locating equipment should be reported to the PE co-ordinator.

## **ACCOMMODATION**

Children should have access to the accommodation and facilities required to develop a quality, balanced curriculum. These will include a hall with a wooden floor, playing fields and pitches for games and athletic activities and a hard surface area with a variety of games and play markings. Children also have access to a swimming pool, changing rooms and showers facilities at the Meadows Swimming baths (Y6-Y2 inc).

## **CONTINUING PROFESSIONAL DEVELOPMENT**

During the Years 2013, 2014 and 2015, sports funding money will be used to provide staff with a range of training opportunities. These will be identified by use of staff

questionnaires and discussion during staff meeting time. Staff are encouraged to talk to the PE coordinator if they have a specific concern or requirement relating to training.

## **INCLUSION**

All children whatever their ability or individual needs should have the opportunity to achieve. PE forms part of the school curriculum policy to provide a broad balanced education to all children. Through PE teaching we provide learning opportunities that enable all pupils to make good progress. We strive hard to meet the needs of those pupils with special educational needs, those with disabilities, those with special gifts and talents, and those learning English as an additional language, and we take reasonable steps to achieve this. (STEPS)

## **HEALTH and SAFETY and Kit**

All Staff have been made aware of the document of SAFE PRACTICE in Physical Education and School Support, written by the Association for Physical Education.

All staff will remind children of means of staying safe when using a range of equipment or in relation to the accommodation in which they are working.

Children should be encouraged to consider their own safety and the safety of others at all times.

**PE Kit** – white polo shirt and shorts. Pumps should be worn in the hall for PE by all children. If doing dance the children can be in bare feet, but in this instance ALL children must be in bare feet. Teachers can use their discretion regarding the use of tracksuit and trainers for indoor use as it is recognised that many of our children do not have an indoor and outdoor kit. All clothing however should be light and allow good freedom of movement, without being baggy or loose for indoor use. See 14.4 of Safe Practice.

No jewellery should be worn. If earrings can not be removed they should be taped or have plasters placed over them.

Care must be taken during outdoor activities during the Summer. Pupils should be taught how to screen themselves from the harmful effects of the sun using sunscreen. Any sunscreen must be provided by the parents. Sun hats can be encouraged.

Teachers should set a good example by wearing appropriate footwear when teaching PE/Games. Shoes which are flat and enclose or trainers should be worn.

Supply teachers covering PE/Games must be left the appropriate planning along with information regarding children who may pose a problem during physical activities which could affect safety.

## **PE and ICT**

Information and communication technology enhances the teaching of PE, where appropriate, in all Key Stages. In dance and gymnastics children can make video recordings of their performance, use them to develop their movements and actions. Older children can compare each other's performances from recordings, and use these to improve the quality of their own work. A digital camera can record experiences during outdoor activities. Any recordings and photographs are purely for school use and assessment. Safeguarding issues dictate that these materials should not be used outside the school.

## **OUT OF SCHOOL HOURS ACTIVITIES**

School provides a range of PE/sports related activities for children at lunch times and at the end of the school day. These encourage children to further develop their skills in a range of the activity areas. The school sends details of the current club activities to parents as they become available. The school may also play fixtures against other local schools. This introduces a competitive element to team games, and allows the children to put into practice the skills that they have developed in their lessons. These opportunities foster a sense of team spirit and co-operation amongst our children and recognise the place and importance of community cohesion.

## **PARENTS / ADULTS OTHER THAN TEACHERS / SPORT COACHES**

Parents and Adults Other Than Teachers are encouraged to assist teachers in some curricular activities and Out of School Hours. Coaches may be used to support and supplement the curriculum within the ethos and standards promoted by the school. Teachers should follow the Sefton Guidance on use of Sports Coaches. All adults are checked for the appropriate CRB clearance in accordance with safeguarding policies.

**This Policy will be reviewed every two years.**

**Emma King, March 2014**