

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, understanding relationships and preparing them to make the most of life and work.

Self and	Respecting Others	Healthy lifestyles	Keeping Safe	The World
<u>Relationships</u>				<u>Around Us</u>

Keeping Safe

Sun Safety

To know how to keep safe in the sun and protect skin from sun damage.

To recognise risk in simple everyday situations and what action to take to minimise harm.

To understand that household products (including medicines) can be harmful if not used correctly.

British Value:

Democracy, Rights and Responsibility, The Rule of Law, Individual Liberty, Mutual Respect and Tolerance of Difference.

Key Vocabulary					
safety	UV	SPF			
harm	damage	protection			

To keep safe in the sun I will:		