

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, understanding relationships and preparing them to make the most of life and work.

Self and	Respecting Others	Healthy lifestyles	<u>Keeping Safe</u>	<u>The World</u>
<u>Relationships</u>				<u>Around Us</u>

Self and Relationships			
Me and my body			
To recognise what makes them special.			
To know about growing and changing from young to old and how people's needs change.			
To prepare to move to a new class/year group.			

British Value:

Democracy, Rights and Responsibility, The Rule of Law, Individual Liberty, Mutual Respect and Tolerance of Difference.

Key Vocabulary					
transition	unique	talents			
dislikes	likes	changes			

Pupil Reflection:		