

P.S.H.E

Spring 1 Year 6

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, understanding relationships and preparing them to make the most of life and work.

<u>Self and Relationships</u>	<u>Respecting Others</u>	<u>Healthy lifestyles</u>	<u>Keeping Safe</u>	<u>The World Around Us</u>
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Keeping Safe

Body Image and the Media

To recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves.

To recognise ways in which the internet and social media can be used both positively and negatively.

To know about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation.

British Value:

Individual Liberty

Key Vocabulary

self-respect	mental health	filter
reliability	social media	privacy

Pupil Reflection:
