

HOCKEY

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through basketball. In addition, we evaluate and recognise our own successes.

Hockey:

We will master basic movements including running, moving, passing and receiving the ball, as well as developing balance, agility and co-ordination. We will begin to apply these in a range of activities. We will participate in team games, developing tactics for attacking and defending and understanding the rules of the game.

Key Vocabulary			
ball	run	position	move
attack	defend	grip	dodge
defender	dribble	scoop	bully
flick	pass	obstruction	penalty



Self-reflection questions - Hockey	Yes	No	Working on
Did I have fun during our PE lessons?			
Did my fitness improve?			
Did I learn and follow the rules to play fairly?			
Did I learn how to hold a hockey stick correctly?			
Did I learn how to hit and pass the pass correctly?			
Was I able to dribble using the hockey stick and ball?			
Did I communicate and work with my team?			
Have I learned something new this term?			
Give an example of something you did well...			
Give an example of something you can improve...			

