

Weather Dance

This term we will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. We will communicate, collaborate and learn how to improve our skills through dance. In addition, we evaluate and recognise our own successes.

Dance:

We will learn to perform dances using a range of movement patterns. Also, compare our performances with previous ones and demonstrate improvement to achieve our personal best.

Key Vocabulary

dance	rhythm	musicality	movement
weather	teamwork	competition	sequence
participation	rain	engagement	choreography
storm	style	beat	improvise
precision	control	spatial awareness	actions



Self-reflection questions - Keep Fit	Yes	No	Working on
Did I have fun during our PE lessons?			
Did my fitness improve?			
Did I match the speed of my movements to the music?			
Was I able to create weather inspired movements?			
Did I use at least three different techniques in my dance?			
Did I recognise timing?			
Was I able to follow the beat of the music?			
Have I learned something new this term?			
Give an example of something you did well...			
Give an example of something you can improve...			