

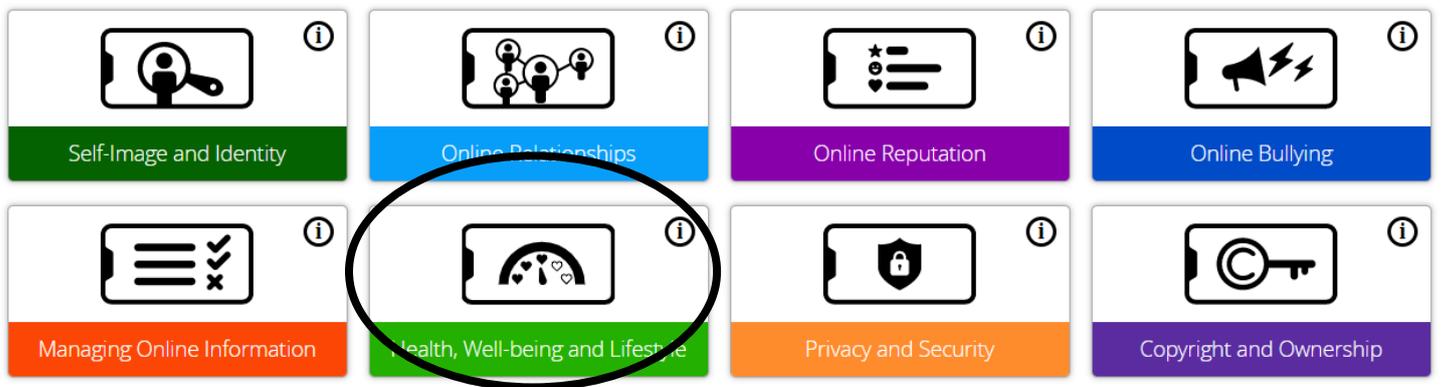
COMPUTING

Online Safety -Y1 Spring 2

National Curriculum: use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.

Strand: Health, Wellbeing & Lifestyle

Intent: I can identify positive and negative online uses and know that a healthy balance is needed.



Key Vocabulary			
emotions	Mental health	conversation	top tips
bullying	Physical health	positive	social media
games	apps	negatives	help

Intents	Student
I know that too much online time can change the way I feel mentally and physically.	
I can give examples of positive activities that need a lot of time online to complete such as homework, films.	
I can give examples of negative activities that need a lot of time online to complete such as You Tube, games.	